



Harris Ranch Fully Cooked Homestyle Beef Pot Roast With Savory Gravy

Our Harris Ranch fully cooked beef pot roast is made from closely trimmed chuck roast which is combined with natural seasonings and then slow cooked for over six hours. The beef's natural juices and the seasoning combine to produce a dark, rich beef gravy and incredibly tender beef. Old fashioned comfort food with a modern twist.



Product Features

- Our award winning pot roast is a homestyle favorite.
- Fully cooked products take just minutes in the microwave, a benefit for today's busy consumer.
- Harris Ranch fully cooked entrees are slow cooked producing tender beef and savory sauces.
- Produced exclusively from grain fed Harris Ranch beef.

Nutrition Information

Amount Per Serving		% Daily Value*	
Calories	210	Calories from Fat	80
Total Fat	9g		14%
Saturated Fat	3g		15%
Trans Fat	0g		
Cholesterol	70mg		23%
Sodium	410mg		17%
Total Carbohydrate	3g		1%
Dietary Fiber	0g		0%
Sugars	0g		
Protein	27g		
Vitamin A	0%	Vitamin C	0%
Calcium	0%	Iron	15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Heating Instructions

MICROWAVE: NOTE: MICROWAVE OVENS VARY IN HEATING EFFICIENCY. ADJUST RECOMMENDED HEATING TIMES AS NECESSARY. Cut two or three 1" slits in the top of the cooking pouch. Place pouch and tray on a microwave safe dish or rigid surface. When heating, juices may disperse from pouch. Cover with paper towel if desired. Microwave on high for **5-7 MINUTES** depending upon microwave wattage. Let stand 2-3 minutes. CAUTION: BAG AND CONTENTS WILL BE VERY HOT.

STOVE TOP: Open one end of cooking pouch and pour contents into saucepan. Warm on medium heat for approximately 10 minutes, stirring occasionally.

HOT WATER BATH: Fill a large pan with 3 1/2 quarts water and bring to a boil. Turn heat off and carefully place bag with contents into hot water (do not open or puncture bag). Leave package in hot water for 12-14 minutes. Remove bag with large tongs. CAUTION: BAG AND CONTENTS WILL BE VERY HOT. Let stand 2-3 minutes. Cut one end of bag with scissors and pour contents into serving dish.

FROZEN: Thaw in refrigerator overnight prior to heating or defrost in microwave (defrosting times will vary based on heating efficiency). Once thawed, follow one of the suggested heating instructions.

Product Specifications

Product Code:	1534684
UPC Code:	0084706985243
Piece Weight:	16 oz.
Case Count:	8 trays per case
Case Weight:	8 lbs.
Case Size:	17.25" X 13.75" X 4.125"
Cases/Pallet:	96
Case Cube:	.57
High:	12
Tie:	8
Unit Tare:	.14
Shelf Life:	Minimum 35 days

INGREDIENTS: BEEF, SEASONINGS (CORN STARCH, DRIED BEEF STOCK, SEA SALT, NATURAL FLAVORING, SHITAKE MUSHROOM POWDER, MALT EXTRACT (CONTAINS BARLEY), EVAPORATED CANE SUGAR, TOMATO POWDER, XANTHAN GUM, SPICES), WATER, WINE REDUCTION, EXTRA VIRGIN OLIVE OIL.